



5th SEA-IEM

South European Academy - Nutrition Education of IEM

www.5thseaiem.com | 27th September 2023

SCIENTIFIC COMMITTEE

Alberto Burlina

University Hospital of Padova
Padova, Italy

Anita MacDonald

Birmingham Children's Hospital
Birmingham, United Kingdom

Júlio César Rocha

NOVA Medical School, Faculdade de Ciências Médicas,
NMS, FCM, Universidade NOVA de Lisboa
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Reference Centre of Inherited Metabolic Diseases, Centro Hospitalar
Universitário de Lisboa Central, Lisboa

FACULTY

Amaya Bélanger-Quintana - Madrid, Spain

Alberto Burlina - Padova, Italy

Alessandro Burlina - Bassano del Grappa, Italy

François Feillet - Vandœuvre-lès-Nancy, France

Alvaro Hermida - Santiago di Compostela, Spain

Anita MacDonald - Birmingham, United Kingdom

Alex Pinto - Birmingham, United Kingdom

Júlio César Rocha - Lisbon, Portugal

Catarina Rodrigues - Lisbon, Portugal

Elvira Verduci - Milan, Italy

EACCME

5th SEA-IEM applied for CME accreditation.



GMT TIME (Lisbon Time)

Wednesday, 27th September

08:30 Registration

09:00 Opening ceremony

Presentation of the Program

Júlio César Rocha

09:10 **SESSION I**

The journey from NBS into adulthood in IMD

Chair: Anita MacDonald, Júlio César Rocha

09:15 NBS programs and the landscape of metabolic patients

Alberto Burlina

09:35 Discussion

09:45 Latest guidelines in inborn metabolic diseases:
applying them in practice

Amaya Bélanger-Quintana

10:05 Discussion

10:15 The role of oxidative stress in pathophysiological
mechanisms and its crosstalk with comorbidities:
how can we change dietary treatment?

François Feillet

10:35 Discussion

10:45 The neurological picture of the adult PKU patient

Alessandro Burlina

11:05 Discussion

11:15 What is really the impact of different treatment options in
adults with PKU?

Alvaro Hermida

11:35 Discussion

11:45 General discussion

12:30 Break

14:00 SESSION II
Hot topics for nutrition in IMD
Chair: Anita MacDonald, Alberto Burlina

14:05 New horizons in nutrition in IMD:
lessons learned from general nutrition practice and support
Júlio César Rocha

14:25 Discussion

14:35 Microbiota in IMD: what do we know?

Elvira Verduci

14:55 Discussion

15:05 Overweight and protein intake in PKU

Catarina Rodrigues

15:25 Discussion

15:35 Vegetable vs animal protein in IMD

Alex Pinto

15:55 Discussion

16:05 Food patterns and diet quality in IMD

Anita MacDonald

16:25 Discussion

16:35 General discussion

17:20 Final remarks & greetings

GENERAL INFORMATION

MEETING VENUE
www.5thseaiem.com

OFFICIAL LANGUAGE
The official language of the meeting is English.

REGISTRATION
In order to register to the online event, you will have to visit www.5thseaiem.com and then click on the EACCME registration button. You will have to fill all the fields in the registration form and then press SUBMIT. You will receive an email that will confirm your registration. If you do not receive the email, please check your spam folder and possibly send an email to the Organizing.

CME PROVIDER AND ORGANIZING SECRETARIAT



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